



Part 2: The Meeting that Matters

“...train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.” - 1 Timothy 4:7–8 (NIV)

Spiritual disciplines are:

1. HABITS that keep me HEALTHY
2. COOPERATING with God to make me LIKE JESUS

Today's spiritual discipline: CHURCH

4 reasons we need church:

1. Church is where I find ENCOURAGEMENT

And let us consider how we may spur one another on toward love and good deeds, **not giving up meeting together**, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching. - Hebrews 10:24–25 (NIV)

2. Church is where I find EQUIPPING

Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up... - Ephesians 4:11–12 (NIV)

3. Church is where I find GOD'S FAMILY

God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. - Ephesians 1:5 (NLT)

You were all baptized into Christ, and so you were all clothed with Christ. This means that you are all children of God through faith in Christ Jesus. - Galatians 3:26–27 (NCV)

4. Church is where I find JESUS' HEART

“...I will build my church, and the gates of Hades will not overcome it.” - Matthew 16:18 (NIV)

...Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless.

- Ephesians 5:25–27 (NIV)